



## FY 2021 National Hypertension Control Initiative Supplemental Funding for Health Centers (NHCI-HC) Example Project Plan Form

The NHCI-HC submission requires a project plan that clearly and succinctly depicts how activities will achieve the NHCI-HC purpose and advance the four requirements.

- You will complete the following fields: Activities and Milestones. Within the Milestones, you will provide a target date for the accomplishment of each Activity.
- You must provide at least two Activities but no more than five per requirement.
- You must provide a Milestone for each Activity. For the purposes of this form, select December 31, 2023 for the target date of accomplishment for ongoing Activities (i.e., Activities that will continue over the three year period). However, you may use NHCI-HC funds through the end of your FY 2023 Health Center Program operational (H80) grant budget period.
- In the Milestone field, it is necessary to identify the Activity as the system will not link Activities and Milestones.

The following example presents all four requirements with aligned Activities and Milestones, and is to be used when developing your project plan. For detailed instructions, refer to the NHCI-HC guidance document and NHCI-HC EHBs User Guide, both available on the [NHCI-HC technical assistance webpage](#).

<b>REQUIREMENT</b>	<b>ACTIVITIES</b> <i>Describe the key steps that will help you achieve the Requirement.</i>	<b>MILESTONES</b> <i>For each Activity:</i> <i>1. Use the calendar in the form to select the proposed target date of accomplishment (after January 1, 2021).</i> <i>2. In the text box, provide a descriptive phrase that identifies the Activity, and indicate whether it will be ongoing or limited to year 1, year 2, or year 3.</i>
1. Conduct outreach and engage patients with uncontrolled hypertension to participate in the HTN Initiative	<p><b>[Example]</b></p> <ul style="list-style-type: none"> <li>• Collaborate with local community organizations to provide resources that increase awareness of hypertension and how it may be prevented and controlled.</li> <li>• Provide patient education on hypertension self-management,</li> </ul>	<p><b>[Example]</b></p> <ul style="list-style-type: none"> <li>• (May 1, 2021) – Collaborate with community organizations for outreach – Year 1</li> <li>• (December 31, 2023) – Patient education – Ongoing</li> <li>• (December 31, 2023) – Case management –</li> </ul>

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	<p>and actions to take when blood pressure is high.</p> <ul style="list-style-type: none"> <li>• Provide case management services to support consistent engagement in hypertension prevention or treatment plan, including use of a self-measured blood pressure (SMBP) device.</li> <li>• Recruit and hire a Community Health Worker and Clinical Pharmacist.</li> </ul>	<p>Ongoing</p> <ul style="list-style-type: none"> <li>• (May 1, 2021) – Recruit and hire new staff – Year 1</li> </ul>
<p>2. Fully participate in training and technical assistance activities offered in support of your NHCI-HC award</p>	<p>[Example]</p> <ul style="list-style-type: none"> <li>• Key staff will participate in training and technical assistance (T/TA) to improve the use of evidence-based blood pressure prevention and treatment strategies.</li> <li>• Assess Social Determinants of Health (SDOH) to inform hypertension prevention and treatment plans.</li> <li>• Develop Electronic Health Record (EHR) report to support the identification of undiagnosed and the management of uncontrolled hypertensive patients.</li> <li>• Participate in all contractor-provided T/TA, which may include facilitated peer learning groups, didactics, and progress evaluations.</li> </ul>	<p>[Example]</p> <ul style="list-style-type: none"> <li>• (March 1, 2021) – Provide initial T/TA for key staff</li> <li>• (November 30, 2021) – SDOH assessment – Year 1</li> <li>• (July 1, 2021) – Develop EHR report – Year 1</li> <li>• (December 31, 2023) – Provide T/TA for key staff – Ongoing</li> <li>• (December 31, 2023) – Participate in contractor-provided T/TA – Ongoing</li> </ul>
<p>3. Ensure access to and support use of Bluetooth or wireless-enabled self-measured blood pressure devices for a majority of your patients with hypertension, and use their data to inform hypertension treatment plans</p>	<p>[Example]</p> <ul style="list-style-type: none"> <li>• Purchase SMBP devices for 300 of our 400 patients with hypertension (75%).</li> <li>• EHR upgrade to 1) integrate Remote Patient Monitoring (RPM) technology, and 2) add new clinical workflows and clinical decision supports, and facilitate information exchange in support of hypertension diagnosis and control activities.</li> <li>• Recruit first cohort of patients, distribute SMBP devices, and train patients on their use, including uploading data to their health care team.</li> </ul>	<p>[Example]</p> <ul style="list-style-type: none"> <li>• (March 1, 2021) – Purchase SMBP devices – Year 1</li> <li>• (March 31, 2021) – EHR Upgrade – Year 1</li> <li>• (July 1, 2021) – Recruit, distribute devices, and train cohort 1 – Year 1</li> <li>• (August 1, 2021) – Implement clinical processes using SMBP data – Year 1</li> <li>• (December 31, 2023) – Increase hypertension control – Ongoing</li> </ul>

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	<ul style="list-style-type: none"> <li>• Implement clinical processes that support the use of SMBP data to inform hypertension treatment plans</li> <li>• Improve patient knowledge, self-management, and medication adherence to increase hypertension control.</li> </ul>	
4. Collect and share data to support participation in initiative evaluation and reporting activities	<p>[Example]</p> <ul style="list-style-type: none"> <li>• Contract with Health IT Specialist/Data Analyst to support data collection and program reporting.</li> <li>• Create and use a dashboard with blood pressure metrics, goals, and performance.</li> <li>• Deploy the Plan-Do-Study-Act (PDSA) cycle, which will include health center personnel and patient feedback, to ensure NHCI-HC project effectiveness.</li> <li>• Collect and provide data to T/TA contractor to support HTN Initiative evaluation.</li> </ul>	<p>[Example]</p> <ul style="list-style-type: none"> <li>• (March 31, 2021) – Contract IT staff – Ongoing</li> <li>• (June 1, 2021) – Dashboard – Year 1</li> <li>• (December 31, 2021) – Deploy the PDSA cycle – Year 1</li> <li>• (December 31, 2023) – Use PDSA to support ongoing NHCI-HC project effectiveness – Ongoing</li> <li>• (December 31, 2023) – Data to T/TA contractor – Ongoing</li> </ul>